



LIVING GHANA



Travel Recommendation Guide

Packing

WHAT YOU NEED,

- Hand sanitizer
- Mosquito spray
- Sunscreen
- Portable charger (Small and Large)
- Gum Treats (you can't live without because you might not find the brand you like in Ghana)
- 2nd phone charger
- Tylenol or Aleve Pepto bismol
- Wireless Selfie stick
- Bedsheet
- Towel & face towel



Packing

WHAT YOU NEED,

- Slippers to wear around the house and Causal slippers to go out
- Running shoes
- Tooth paste & tooth brush
- Shower sponge & Shower gel
- Sunglasses
- Hair products
- Wallet (most of the time Cash will be your only option form of payment)
- Eye lubricant
- MAKE SURE YOUR PHONE IS UNLOCKED AND YOU HAVE A SCREEN PROTECTOR

Foreign bank cards- Most Banks in Ghana charge about 10 GHC per transaction at the Atm

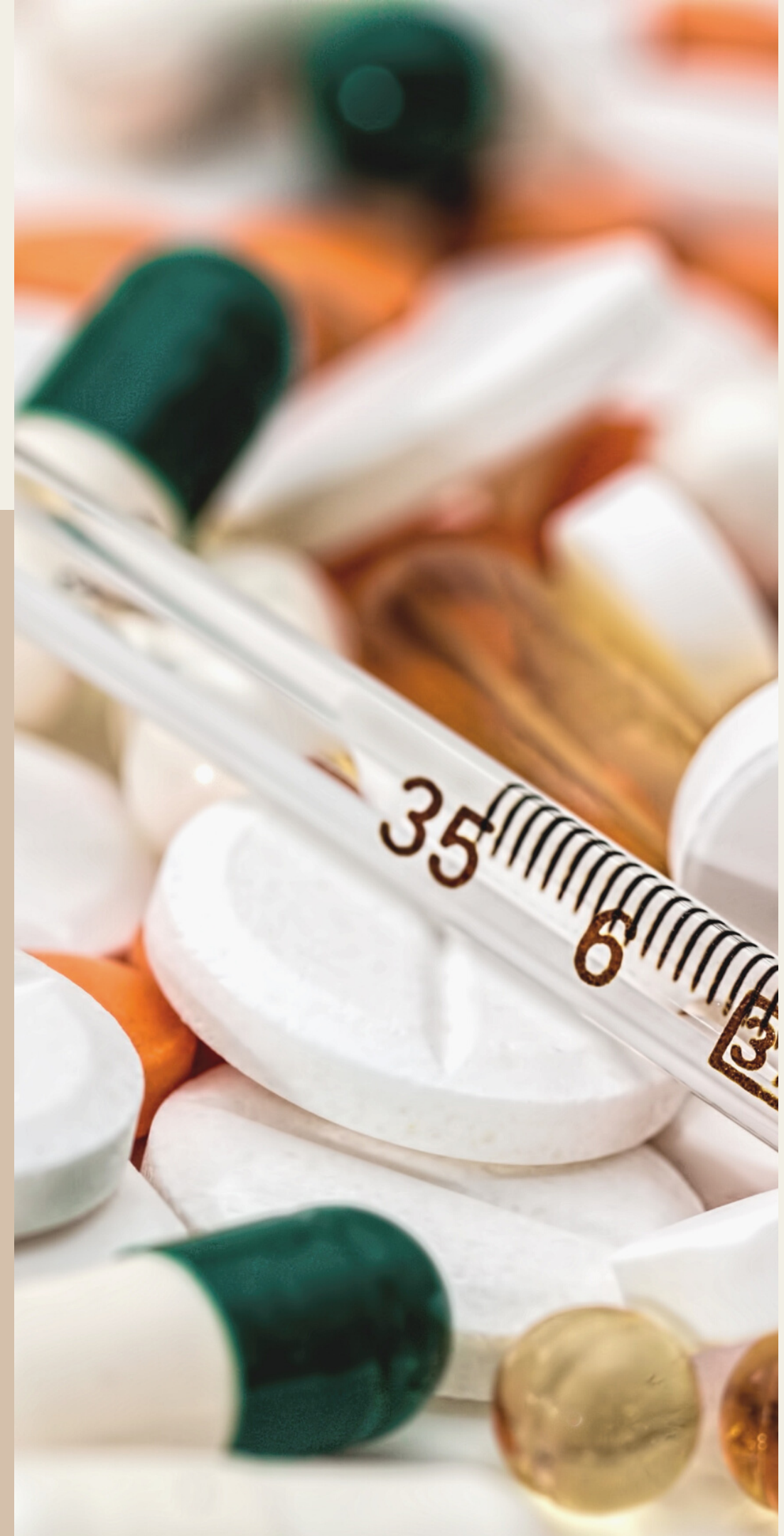


Vaccination

WHAT TO KNOW,

- Hepatitis A
- Hepatitis B
- Typhoid fever
- Polio
- Yellow fever
- Meningococcal vaccine is recommended for travel during the dry season (October to March)

Purchase your Malaria pills



Contact Information

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